



Patient Questionnaire

Patient Name: _____ Date: _____

Please Mark an **X** next to the symptoms you are experiencing. Questions are for all ages.

Headache/Head pain:

Forehead Temple Back of head Hair/scalp Tender to touch Sinus-type
 Migraine-type

Eyes:

Pain in/behind eyes Bloodshot eyes Blurred vision Visual disturbances

Mouth/Throat:

Teeth clenching Grinding teeth Tooth pain Loose teeth Teeth misaligned
 Throat pain Difficulty swallowing Mouth breathing

Ears:

Ear pain (no infection) Ear congestion Ringing/buzzing/hissing Reduced hearing Dizziness

Neck/Shoulders:

Neck pain Shoulder pain Back pain Arm/finger pain Arm/finger Numbness

Jaw/Face:

Jaw pain Jaw locking/catching Clicking jaw/jaw popping Jaw joint noises Limited mouth opening

Inability to open smoothly Pain when chewing Jaw deviates to the side Facial pain Muscle spasm/cramps Sinus congestion

Sleep:

Frequent snoring Frequent heavy snoring, which affects the sleep of others
 Significant daytime drowsiness I have been told that "I stop breathing when sleeping"
 Difficulty falling asleep Gasping when waking up Nighttime choking spells
 Feeling unrefreshed in the morning Morning hoarseness Morning headaches
 Swelling in ankles or feet Nocturnal teeth grinding Poor sleep Feeling restless when lying down Waking up frequently

Children:

Hyperactivity Minimal or no spacing in baby teeth Thumb/Object sucking

****PLEASE REFER FOR CONSULTATION IF ANY OF THE ABOVE ARE MARKED.
POSSIBILITY OF TMD AND/OR SLEEP DISORDERED BREATHING**

